

DAILY CHILD CARE HEALTH CHECK

INSTRUCTIONS:

Complete the daily health check when you greet each child and parent upon arrival. It usually takes less than a minute.
Observe the child throughout the day and upon the child's departure.

Greet the child and parent. Interact with both. Be on the child's level.

➤ **Check and observe the child's:**

- ☐ Behavior
- ☐ Physical Condition
 - Breathing
 - Skin
 - Eyes, nose, ears, and mouth

➤ **Talk with the parent about the child's:**

- ☐ Sleeping
- ☐ Eating and drinking
- ☐ Bowels and urinating
- ☐ Mood and behavior at home
- ☐ Unusual events

CHART FOR DAILY HEALTH CHECKS:

Child's Name _____		BEHAVIOR CHECK	PHYSICAL CONDITION CHECK	TALK WITH PARENT	COMMENTS
Week of _____ date					
Monday	AM				
	NOON				
	PM				
Tuesday	AM				
	NOON				
	PM				
Wednesday	AM				
	NOON				
	PM				
Thursday	AM				
	NOON				
	PM				
Friday	AM				
	NOON				
	PM				
Additional Comments:					